

# Quarantine Questions

CONVERSATIONS LOCKDOWN: GUIDELINES

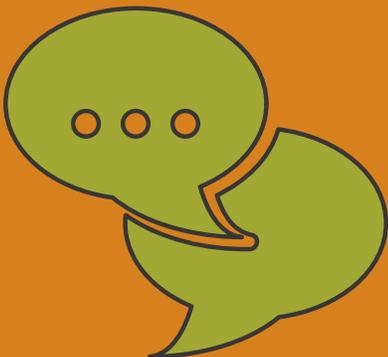
## Guidelines for this series...

The questions that form these series are taken from F&BF's educational workshops centered upon themes of identity, diversity and community.

We look at what aspects make up who we are, and what groups we belong to; what commonalities and differences we share with other people and what diversity means. Finally, at what might be the values and skills we all need for living together in society.

Please do use these questions as conversation starters with the relevant age group. Dialogue on these issues is always important as it helps build confidence, empathy and critical thinking.

In lock-down, physically separated from our communities but with societal divisions brought into ever sharper relief, these skills may be more pertinent than ever.



## For use at home...

We suggest you work through the questions, perhaps focusing on one theme per conversation, week or day.

If you are working with children, could they draw or otherwise creatively express their answers? With young people, could they use these questions for personal journalling and reflection?

As with all our activities, the content explored is significant but so is the quality of the dialogue. The 'Tips for Dialogue' should help you structure the conversation, ensure everyone is heard and allow for as much understanding as possible.

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## Get involved!

Feel free to either comment your answers directly under our social media posts, or to film and upload yourselves having these conversations! Simply state that you're trying out F&BF's quarantine questions, introduce yourselves if you like and then tell us which theme you're focusing on.

One person can pose the question and then the other person can ask it back to them. (If you're working with young children, model first and perhaps guide the conversation yourself). Feel free to include your own questions and let the conversation take its natural course!