

Quarantine Questions

CONVERSATIONS WITH CHILDREN IN LOCK-DOWN

Staying Connected

As the nation faces lock-down, F&BF shares educational dialogue techniques to your home. This series draws on our schools programmes designed to explore the themes of identity, diversity and community through reflection and conversation.

We believe that building confidence and skills of empathy remain as important as ever for children. We've put together some conversation starters for you to use at home.

Do model your answers first!

Tips for Dialogue

Respect:

giving people your time and attention, answering with kind language

Active listening:

not interrupting, facing the other person and looking at them

Dialogue, not debate:

nobody has to 'win'. it's good to simply understand

I statements:

you are special: speak about yourself and what you believe

Oops/ Ouch:

say sorry if you upset someone, tell them if you don't like what they said

Covid-19

- What was the best thing you did this week?

Identity

- What is your favourite food? What is your least favourite food? What's your favourite animal?
- What activities do you enjoy?
- Can you find and tell me about an object that's important to you?
- Finish this: It's good to be me because...
- What is your identity? Which parts of your identity are inside/ outside?

Diversity

- Which different groups do you belong to? Are you the same in all those groups?
- Can you describe your family? Are all families the same?
- Do all your friends live in the same kind of home?
- Do we celebrate any religious festivals?
- Does everyone in your school look the same?

Community

- Is it important to help people?
- Who helps you? And who do you help?
- Have you ever seen children being left out of a game? How did you feel?
- If you were building a playground for all the children in the country, what would it look like?