**Lesson Plan Package 3 – Controversial Issues**

**LP4 – Racism in the UK?**

**Emotions Tracking Worksheet**

Instructions: While watching the videos about racism in the UK, try to fill out the following table thinking about how the main person is feeling and responding. You can list as many emotions as you see, and then give details. You don’t need to fill out all the boxes!

1. **MUNROE BERGDORF**

|  |  |  |  |
| --- | --- | --- | --- |
| Which emotion is she feeling? | How can you tell? (e.g. words, body language) | Why is she feeling this way? | How is she handling this feeling? (e.g. silence, frown, responding) |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |



1. **Afua Hirsch**

|  |  |  |  |
| --- | --- | --- | --- |
| Which emotion is she feeling? | How can you tell? (e.g. words, body language) | Why is she feeling this way? | How is she handling this feeling? (e.g. silence, frown, responding) |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |