Hey everybody my name is Tim and I am 26. So I grew up in a Christian family, in fact, both my parents are vicars, if you don't know what that means it's the person that runs a Christian service, they stand at the front and do the talk and also care for the people that go to that church. It's kind of like a Rabbi or Iman but the Christian version.

When I was at school, I used to find this really embarrassing because sometimes my Dad would come into school and do an assembly about Christianity and I would be sitting behind my hands hoping no-one would notice that it's my Dad. But actually, when I got a bit older I did realise he does have a really good job, and some of the coolest people I know have vicars for parents, even, Katie Perry!

So, I am an agnostic, which means I am no longer sure whether I believe in God. I take my beliefs from lots of different places, so from books, from famous thinkers, from my friends, from my family but also still a bit from Christianity. I still go to church sometimes just because I feel really at home there and it's so much a part of who my family are.

So, one of my key beliefs is that I really believe in other people and that people have the power to do really amazing things. My Mum always says to me that the most important part of being a Christian is to love your neighbour as yourself. You might have heard that phrase before it's a pretty famous one in Christianity. What it means is that you should treat other people in the way that you want to be treated, I really like this phrase and the Bible, which is the Christian holy book, when Jesus was asked about all the different rules in the Bible which one was his favourite, that was his one as well. He said "love God and love your neighbour". I can really see this idea of loving your neighbour through the way my Mum lives her life.

So one example of this is at Christmas, so, before we have our own celebration, my Mum goes round and visits all the people she knows that live on their own and make sure they have a good time before she celebrates her own Christmas, which is really cool. I am not perfect, am really not at all, but in my life, I try and live my life a bit like my Mum, and help other people too. So now I believe that lots of different people can love their neighbour if they're a Christian like my Mum, whether they follow a different religion or whether they are an Agnostic like me. But I still think that in the Bible, Jesus said some really amazing things that can help us all to live our lives better no matter what we believe.

So today I have brought in a special object, so it's this, these are some Buddist prayer beads, they are really really special to me. You might think that it is a bit strange that I told you about how I was brought up as a Christian and I've brought something in from a different religion, from Buddism. But, that's because, after I left school before I went to University, I travelled to India, which was a really amazing experience. I had never been abroad before, who here has been abroad? Wow all you people have been on holiday to amazing places! So when I was 18 I had never been anywhere before and it was really hot, and there were lots of crowds, lots of colours and lots of new foods, really different to home, but I really loved it. There are lots of different religions in India, but where I was living, most of the people were Buddist, and they used to wear these beads around their neck, like this, my head's a bit big so a bit hard to get them on, urm and then also, aww, urm they used to use them to pray. They would hold them in their hands like this and they would and as they passed each bead in their hand they would say "om mani padme hum" which is a really ancient phrase in their language called Sanskrit, so it's quite hard to translate, but what it means is that it is all about bringing love into the world.

So I really like this phrase and I really like these beads because they remind me of my time in India and the people that I met, who are really special to me, but they also remind me that the messages in Buddism, about bringing love into the world, are really similar to the messages of Christianity, about loving your neighbour, and so wherever you come from, whether you are a Buddist who loves in India, a Christian or an Agnostic from the UK, there are some things we can all agree on. Thanks very much, would love to hear your questions!