

Lesson Plan 2: B is for Being respectful



The aim of this lesson is to introduce and explore the concept of 'respectful relationships'. We show that respect means being considerate of the wishes, feelings and needs of another person and that mutual respect is fundamental to building healthy friendships and relationships.

We ask the class to think about, discuss and model positive interactions on how respect can be given in relationships including:

- Friendship and family relationships, enjoying time together / trust
- Respect for others in need
- Self-respect
- Respecting those in authority

We aim to help you explain to pupils that in school and in wider society it is important to show respect and feel respected by others. We believe that the best way to develop mutual respect, is to help students explore the similarities between us, even with people who we believe are very different from us. We use the tried and tested jigsaw activity to show that even though everybody is unique, and although we may like and believe in different things, we all have similarities, and that we are all part of a cohesive whole.

Total lesson length: 60 mins

Learning objectives

- To explore the principle of respect
- To understand why it's important we respect each other
- To learn about respectful behaviors
- To find out that we are unique, but also share similarities with people who are different to us

Preparation

- PowerPoint presentation (included)
- Safe Space film (included)
- Your class Safe Space agreement
- 5 x large pieces of paper with 'definitions of respect' written on them (see below)
- Print out Class Jigsaw activity (included) or www.twinkl.co.uk/resource/t-t-13158-class-puzzle-poster
- Post-it notes or note books
- Scissors for class use
- Some pins, tape or glue to piece the jigsaw together

Curriculum topics

RE

- Ethics and Values
 - / Relationships and families
- Meaning and Purpose
 - / Identity
 - / Spiritual and personal views
- Religion and society
 - / Community cohesion

PSHE

- About you
- Diversity
- Relationships

RSE

- Respectful relationships

Citizenship

- Community, Identity and Diversity

Timings	Script	What you will need
5 mins	<p>Introduction: Explain that for this lesson, we'll be looking at the first letter of the word BUILD – B is for Being respectful.</p> <p>Recap from previous lesson: Re-visit your Safe Space Agreement, or BUILD poster and / or watch the Safe Space film to recap.</p> <p>Say that in the last lesson we created a safe space agreement as a class and discussed why it is important to do this; so we all feel comfortable to share our thoughts and feelings. This lesson we are going to get the opportunity to explore the meaning of the word ‘respect’ in more detail.</p> <p>You may want to warn the class that we may be discussing some sensitive topics (bullying) and we want to ensure everyone feels comfortable sharing.</p> <p>Write the word ‘respect’ on the board. Ask your class what it means and write their suggestions on the whiteboard. Alternatively, you could give students one minute to draw or write a quick definition of the word on a Post-it note or in workbooks. Keep the suggestions as we will return to this at the end of the lesson.</p>	PowerPoint presentation Class Safe Space agreement Safe Space film Post-it notes / workbooks 5 × large sheets of paper with ‘definitions of respect’ on them

10 mins

Activity 1: The meaning of respect

Explain that laid out across the room are five large sheets of paper which each have a different meaning of the word respect written on them. The class must go around and read them all, and then individually decide to stand by the definition they think is most appropriate meaning to them.

The definitions are as follows (or use your own):

Respect is:

- Being kind and helpful to others
- Telling the truth – being honest
- Giving other people space
- Being kind to yourself
- Being polite, especially to teachers and carers

After they have done this, ask one person from each group to read the definition out and explain why they think this is the most appropriate meaning of respect. Allow for a discussion to ensue.

Ask the class to sit down and go through each of the definitions as well as what children have suggested / written, adding any new definitions to the whiteboard as you go along.

Explain that respect, as they've probably by now concluded, can be defined in every one of these ways. Explain that respect is a big word covering a lot of meanings and feelings.

5 mins

Activity 2: Examples of respect

Explain to the class they are going to look at some examples of respect on the whiteboard / presentation.

Teacher to show examples of images on the PowerPoint presentation and discuss if students had thought they were respectful and if so why.

Alternatively ask the students to discuss images as a small group or pair. Bring the class back together and discuss the images.

Key questions:

- Why is it respectful?
- What might be the feelings of the people in each scenario?
- How did this scenario make you feel?

You may wish to invite pupils to share what they feel when they have been disrespected – but only if they feel comfortable. This is about talking about the feelings about what happened and not necessary discussing what happened in too much detail. For example: angry, upset, deflated.

This could be a good time to bring in any work you might be doing as a school on bullying, if appropriate.

10 mins

Appreciating difference and finding similarities

Explain to the class that we have discussed what respect means to us and looked at how it makes us feel and explored scenarios.

Introduce the ideas that by appreciating difference and celebrating our identities we are showing respect for each other.

For example, it is hard to show respect for others if we don't understand them. By giving time to understand others, we are showing respect for them. You may want to make the following points:

- Difference is something to be celebrated
- By appreciating difference and celebrating our identities, we are showing respect for each other
- It is hard to show respect for others if we don't understand them. By giving time to understand others, we are showing respect for them
- When we find similarities between each other, we build understanding

10 mins

Activity 3: Class jigsaw!

Jigsaw piece on A4: Give each student a piece of blank puzzle and ask them to write / draw his / her some of the below:

- A favourite interest or hobby
- Favourite subject at school
- A special object / belonging they have and / or treasure
- Something they like about their personality
- A special place
- Favourite fruit

Ask them to cut out the piece.

Ask students to walk around the room and when teacher says ‘stop’, students to discuss their puzzles with the person next to them (do three rounds).

Add or replace with your own that may be more relevant to your class / school / community.

Reflection questions:

- Did you find it easy / difficult to think about what to include on your puzzle?
- Did you learn anything new about your classmates?
- Did you find any differences / similarities?

Class jigsaw pieces

15 mins

Activity 4: Piece the jigsaw together

Clear a space on the floor, move the tables together or create a space on a wall.

Invite all students to come together to piece the puzzle. It should fit together! When the student does this activity, they will discover more similarities with their classmates than differences, e.g. enjoy the same sport, like the same food or TV show or have the same hobby.

While piecing it together, explain to the children that, like the puzzle pieces, ‘we all fit together’ as well.

During or after the activity raise with the class the following points:

- We can see that we are like the puzzle pieces that fit together, as we can see we all have our own personal interests and things that are important to us but many other things in common
- If we understand each other more it means we are better equipped to show respect towards one another
- Part of respect itself is taking the time to understand each other by having meaningful conversations
- In such multicultural world, we need to learn to respect each other so we can fit together in society, just like the puzzle

Clear space on floor or wall

Tape / pins / glue

Invite students to share with the whole class their reflections.

Either use the jigsaw as class display, or for students to stick in books or take home. However only if appropriate, as some students may not want it on display if it contains personal information.

10 mins

Evaluation / Reflection / Feedback

Workbooks

Activity 5: Similarities and surprises

Pair up the children and ask them to write down at least one thing about the other person that is a:

- Similarity
- Difference
- Surprise

Ask students to write answers to these questions in their books.

Written work

How did these activities help you respect your classmates more?

Write down one thing you learnt today, one thing you will try to do every day to show respect to your friends / family / community.

Give one example of a way in which you would show respect to someone different to you.

Extension activity

Ask the children to write a story / comic strip / bubble diagram / picture imagining ‘A World Without Difference’.

Next lesson

Explain that the next lesson is called ‘U is for Understanding each other’, where we will learn how listening helps us understand people.