

RSVP?

R eciprocal

Are you asking or telling? A skillful question is designed to get a great answer.

S tereotypes & generalisations

Avoid using all/never/always when asking questions because people who are part of the same group are still individuals.

V iews

Are you asking for the other person's view or are you just stating your own view?

P ositive Language

Does your question include any language that is not kind or respectful?

? Question

Now ask yourself: does your question have any of the RSVP points in it?

How can you change your language or approach so you are asking a more Skillful question?

