Belief and the Environment: Values based action

Writing my story

Use this template to write your own story, like the ones you heard in class!

Section 1: Introduction

- **Introduce yourself** and some different parts of your identity e.g. Where were you born? Where do you live? What do you enjoy doing?
- **What is your faith or belief?**

Section 2: Your beliefs and lived experiences

- What **teachings or practices** from your faith or tradition make you feel connected to nature and compel you to take positive action for nature and the environment? – *you can include specific examples of teachings, quotes from your scriptures, and core values you hold. These can be about the environment/nature as a whole, the climate, specific natural features such as plants, animals, water, etc.*
- What **life experiences** have made you feel closer to nature?

Section 3: Actions

- Following on from explaining what your beliefs and values are, how do you put those into practice with **action**?
- What **spiritual practices**, **rituals**, and **activism** related to protecting nature and the environment are you involved in?
- Are you part of any **communities** acting for the environment?
- Are there any **lifestyle choices** you have made connected to protecting the environment? – *e.g. dietary choices*

Section 4: Finishing with hope

- What are your hopes for the future?
- How does your faith or belief give you hope for the future?
- How can other children and young people like yourself be part of the solutions for a better future?